Family History: Karen was born and raised in Malaysia. Her Malaysian-Chinese family was non-Christian, and was steep into the practice of idol and ancestor worship. In 1995, she left Malaysia to pursue higher education in the USA. Karen accepted the Lord and was born-again in the Spirit in 1995. She married missionary Rev. Ronald M. Flessner of Illinois, USA in November 1998. Their son, Billy, was born in August 2000 in Lansing, Michigan. Karen returned to her family for a visit as a Spirit-led and Spirit-filled Christian in November of 2004. At that time, within 72 days of her stay, her family received the LORD Jesus as their God, Lord and Christ. They no longer practice idol and ancestor worship. Karen's father and aunt went home to be with the LORD in 2008. Her mother is currently actively serving the LORD and her church family in Malaysia.

Education: In August 1995, Karen left Malaysia to pursue her tertiary education at Western Michigan University (WMU) in Kalamazoo, Michigan. In December 1997, she graduated with a BA in Organizational Communication (with minors in Social Work and Psychology). While in Kalamazoo, from 1995-1997, Karen also attended the Bible Study Fellowship (BSF). While in Lansing, from 2005-2006, she attended the Michigan District Bible Institute. In August 2014, Karen graduated with her Master of Social Work (MSW) from Utah State University (USU).

Conversion Account: In October of 1995, Karen accepted the LORD Jesus as her God, Lord and Christ at the Kalamazoo First Assembly of God in Kalamazoo, Michigan. Water baptism followed in November of 1995 and the baptism in the Holy Spirit (with the evidence of speaking in tongues) in March of 1996. Karen has served as a missionary to the international communities in the United States since 1996. In 2009, Karen became an ordained minister with The Missionary Church International (TMCI).

Ministry Experience: While in Kalamazoo, Michigan, from 1995 to 1997, Karen served in the Chi Alpha campus ministry at WMU. At the same time, she also served as the Nursery Coordinator, Pre-School Lead Teacher and sang in the choir at Kalamazoo First Assembly of God. She also worked as a Youth Companion Worker for Bethany Christian Services and Youth Caregiver at Lakeside Boys and Girls Home. In 1997, Karen was appointed Campus Missionary Aid (CMA) with the Assemblies of God to serve alongside Chi Alpha Campus Ministry at WMU.

While in Lansing, Michigan, from 1998 to 2005, Karen and Ron served the international students and scholars through Chi Alpha Campus Ministry at Michigan State University (MSU). Karen was also involved with the choir ministry, women's ministry and children's ministry of the Greater Lansing First Assembly of God. She served as a board member of a women's conference and a task force member of a Christian International Students Conference. She also volunteered with a community program at MSU and co-chaired its Friendship Family Program, Lending Center and Global Festival. Karen and her husband were co-Presidents of this community organization. They also led numerous English Conversation classes with the spouses of MSU's international students and scholars. In 2000, they were invited to preach and encourage Christian churches in Sao Paolo, Americana and Rio de Janeiro in Brazil.

Obeying the LORD's leading, Karen and her family relocated to Logan, Utah in June 2006. The LORD opened a fulltime position for Karen at USU's Social Work Program in 2008. Karen and her husband pioneered Freedom Christian Fellowship (FCF) in 2007 through the Assemblies of God, and later changed affiliation to The Missionary Church International (TMCI) in 2009. Since 2006, FCF had served students, scholars and their families from Nigeria, Malawi, Kenya, Eritrea, Zimbabwe, Cameroon, Sri Lanka, Bangladesh, Malaysia, China, Japan, South Korea, Dominican Republic and the USA. In addition, FCF has been co-serving the LORD with the Logan Oriental Missionary Church (OMC) in Logan, Utah since 2009.

Future Plans for Ministry: Karen and her husband are praying that the LORD would lead in direction and timing, and grant FCF favor in planting, watering and reaping His harvest in Utah and internationally.

Pastor Karen's lifelong passion: Keep serving people through providing hospitality and counseling services.